



Synchro Stars

Welcomes all skaters from beginner to advanced to join our synchronized skating teams!

Try-its at Conway Arena, Nashua N.H. March 17th, 31st and April 14th

Come and see what we're like – come once, twice or come all three times – no charge - just come and check us out

Tryouts at Conway Arena, Nashua N.H. March 24th and April 7th

Try-it and Tryout times: Prelim/Pre-Juv 5:30 – 6:30pm and Open Juv/Intermediate/Novice 6:40 – 8:00pm

Why skate with Synchro Stars?

Synchro Stars is Southern New Hampshire's premier and largest Synchronized Skating organization. With highly competitive teams, Synchro Stars offers an affordable and rewarding experience on and off the ice for our skaters and their families.

We are successful - our Open Juvenile team completed the 2018/19 season with 2 gold, 3 bronze and 1 pewter medal, having placed higher than all but 1 Open Juvenile team in the East. Our Pre-Juvenile team did well given they are relatively inexperienced, with many having this as their first year of synchro. In the past, several of our skaters have continued their skating careers with great teams such as Hayden Lexettes and Ice Mates, EXCEL Junior and Senior, and University of Delaware. We also have many club traditions that are enjoyed by skaters and their families such as a day at the lake, apple picking, our holiday party, exhibition, end-of-season dinner, and performing at the Monarch's hockey game on New Year's Eve!

Who should skate with Synchro Stars?

Skaters and families who want to be part of a strong community who, along with our coaches, are focused on making the teams successful and the experience positive and enriching are right for Synchro Stars.

Skaters working on Basic Skills 5 or greater are a perfect fit for our beginner team. Those skaters who have skating experience and have tested pre-preliminary moves in the field and greater may be appropriate for our development-level teams. Advanced skaters are also encouraged to join us on our higher-level teams. We have highly experienced and successful coaches who are well regarded in the field, and who work with our skaters and teams to perform their best. Skaters are expected to work hard and will significantly improve their synchro skating skills with Synchro Stars.

When and where do we practice?

We anticipate our practice schedule next year to be similar to this year with practices on Sunday afternoon/evening at Conway Arena in Nashua, NH. We conduct off-ice conditioning, video review and 2 hours of on-ice practice during this time. We also have extra practices during competition season, typically on Saturday, at Conway in Nashua or St. Anselm's in Manchester. This schedule allows our skaters to participate in other activities, if they wish, and does not impede on school night homework time.

(Note: For those driving from Lexington to Marlborough, check it out, Nashua is closer and on Sunday there's no traffic!)



For more info contact hello@synchrostars.org We'd love to have you learn more about us!

Representing 